

GBUMC COMPASS

A Weekly Worship Guide

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Sunday, May 1, 2022



"Friends in Christ exercising love, hope and grace to enrich all lives."

Sermon Recap

Today's Love Language we're focusing on is "Quality Time." Jesus' affirmation of Mary wanting to sit and learn from him was not a way of simply chastising of Martha's efforts to complete tasks as a good host. Martha perhaps had the love language "acts of service" - something Jesus certainly spoke, too - but Mary's love language must have been quality time. And so, Jesus' comment to Martha was simply a reminder that Mary spoke a different love language, and that has to be okay. God speaks ALL love languages. If Quality Time is your love language, what can that look like in our lives and relationships today? What can it look like in our relationship with God? If it's not your love language, how can you still help speak it to others?

Now as they went on their way, he entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me." But the Lord answered her, "Martha, Martha, you are worried and distracted by many things; there is need of only one thing.[a] Mary has chosen the better part, which will not be taken away from her." -Luke 10:38-42

Applied to My Life:

Is "Quality Time" your love language? If it is, you probably know how good it is to spend time with loved ones and others. You also know what it feels like to *want* to be with others, too. Since God also speaks your love language, how can you spend some quality time with God this week? How might God already be trying to spend quality time with you? Finally, how can you express love to others who may have this love language of "Quality Time?" (*even if it's not your primary love language*).

Other Worship Notes I Want to Remember: